FIREBIRDS WOOD FIRED GRILL *Fire your desire*

GLUTEN FREE

SALADS

Grilled Shrimp & Strawberry Salad Mixed greens, goat cheese, jicama, sugar roasted pecans, balsamic vinaigrette 14.95

Colorado Chicken Salad Wood grilled chilled chicken, mixed greens, bleu cheese, sugar roasted pecans, dried cranberries, green apple, raspberry chipotle vinaigrette 12.75

Grilled Tenderloin Salad* Mixed greens, bleu cheese crumbles, diced tomatoes, balsamic vinaigrette Lunch 15.50 Dinner 15.95

FIREBIRDS SIGNATURE SALADS

Mixed Greens Tomatoes, sugar roasted pecans, cilantro-lime vinaigrette 7.75

Firebirds BLT Applewood-smoked bacon, roasted garlic ranch dressing 7.75

Spinach Salad Applewood-smoked bacon, mushrooms, tomatoes, eggs, balsamic vinaigrette 9.50

DRESSINGS

Any of the dressings listed below can be combined with our Mixed Greens, Romaine, Spinach or Chopped lettuces for a gluten free salad dining option.

Cilantro-Lime Vinaigrette, Roasted Garlic Ranch, Honey Mustard, Caesar, Balsamic Vinaigrette, Raspberry Chipotle Vinaigrette

ADD TO ANY SIGNATURE SALAD

Portabella Mushroom 4.25 Wood Grilled Chicken 5.25 Wood Grilled Shrimp 5.95
Wood Grilled Salmon* 6.50 Seared Tuna* 8.45

ENTRÉES

FROM THE WOOD FIRED GRILL

Entrées come with a loaded baked potato. Every Firebirds steak is hand-cut daily.

Aspen Sirloin* Center-cut beef sirloin 7 oz. 13.99 12 oz. 19.99

Pepper Crusted Sirloin* Center-cut, black peppercorns 12 oz. 21.45

Tenderloin Kabob* Grilled vegetables, balsamic ancho chile sauce, Parmesan mashed potatoes 24

Filet Mignon* Center-cut, wrapped in applewood-smoked bacon 7 oz. 24.99 9 oz. 27.99

Bleu Cheese Filet* Bacon-wrapped, bleu cheese sauce, port mushrooms 7 oz. 26.99 9 oz. 29.99

Aged Ribeye* Traditional ribeye 12 oz. 21.75 14 oz. 25.75

Chile Rubbed Delmonico* A tender, Southwest-accented favorite 12 oz. 21.75

New York Strip* Classic strip steak 14 oz. 28.95

Slow Roasted Prime Rib* (Dinner only, limited availability)
Encrusted with fresh herbs and pepper, hand-carved and served with homemade au jus.
12 oz. 22.99 16 oz. 25.99

SEAFOOD, RIBS & COMBOS

Entrées come with a loaded baked potato.

Wood Grilled Salmon* Parmesan mashed potatoes, fresh vegetables Lunch 14.95 Dinner 21.55

Grilled Lobster Tail Half pound lobster tail, grilled over hardwood flames 32

Surf & Turf* Half pound lobster tail and 7 oz. bacon-wrapped wood grilled tenderloin 38.95

Filet & Shrimp* Bacon-wrapped tenderloin, shrimp basted in Key lime butter 7 oz. 29.99 9 oz. 32.99

Baby Back Ribs* Java BBQ sauce, cider slaw Lunch 12.95 Dinner 23.75

Please note, our chefs strive to prepare every one of these dishes gluten free as listed. Firebirds cannot be held liable in the unlikely event that cross contamination occurs.

**Denotes items that are served raw or undercooked, and contain (or may contain) raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness,especially if you have certain medical conditions.*

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SOUPS

5 CUP 6 BOWL

MONDAY
New Orleans Red Bean & Andouille Sausage

TUESDAY
Southwest Potato

WEDNESDAY
No Gluten Free Soup Available Today

THURSDAY
Vegetarian Black Bean

FRIDAY
New England Clam Chowder

SATURDAY
Firebirds Beef Chili

SUNDAY
Grilled Chicken Corn Chowder

SIDES

5

Loaded Russet Baked Potato

Parmesan Mashed Yukon Gold Potatoes

Spiced Pecan Green Beans

Fresh Vegetables

Cider Slaw

KIDS

For kids 12 and under.

Kids' Sirloin 8

Grilled Chicken 6

Half Rack of Ribs 8

Small Colorado Chicken Salad 8
(no side)

SIDES

Green Beans

Fresh Vegetables

Carrot Chips with Ranch Dip

Parmesan Mashed Potatoes

Kids' entrées come with a side of fresh fruit and a fountain drink or milk.